

## Original research papers

# Assessment of Indoor and Outdoor Background Ionizing Radiation Level in School of Marine Technology, Burutu, Delta State, Nigeria

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### ABSTRACT

The ionizing radiation has the tendency of causing damage to man and its environments, hence the assessment of indoor and outdoor background ionizing radiation level in Delta State School of Marine Technology, Burutu, Delta State, Nigeria, was carried out using well calibrated and tested radiation meter (Digilert 100). The study was done in a period of ten calendar months. The purpose of this study is to obtain a baseline data for indoor and outdoor Background Ionizing Radiation (BIR) level and health effect to man and the environment. For the indoor and outdoor measurement, readings were taken in three consecutive times in one location at a height of 1 meter above the ground for each point. The geographical positioning system (GPS) was equally employed in determining the coordinates of the area. The results from BIR measurement revealed that indoor readings range from 0,009 mRhr<sup>-1</sup> to 0,019 mRhr<sup>-1</sup> with a mean value of 0,015 mRhr<sup>-1</sup> and for the outdoor ranges 0,010 mRhr<sup>-1</sup> to 0,020 mRhr<sup>-1</sup> with a mean value of 0,014 mRhr<sup>-1</sup>. The radiation health parameters calculated, for dose rate and Annual Effective Dose Equivalent (AEDE) have their mean values to be 1,135 mGyr<sup>-1</sup> and 1,035 mGyr<sup>-1</sup> for indoor and 0,635 mSvyr<sup>-1</sup> and 0,145 mSvyr<sup>-1</sup> for outdoor respectively. But the mean values of Excess Lifetime Cancer Risks (ELCR) for indoor and outdoor are 1,729 and 0,394 respectively. The deviation in BIR level and its radiological parameters are attributed to oil and gas activities in the study areas. The implication is that the area is radiologically unhealthy, the effect may not be significant but long term exposure may be dangerous. Therefore, it is imperative for radiation protection agencies to swing into regulatory action and there should be monitoring of the environment in order to reduce pollution.

Keywords: Indoor, Exposure, Dose, Cancer

### INTRODUCTION

Radiation is the transfer of energy from the outer space to the earth and can also emerge within the earth. It is broadly grouped into natural (cosmic) and anthropogenic (man-made). These are further categorized into ionizing and non-ionizing. The ionizing radiation has the tendency of knocking out electrons out of

the orbit around atom and can potentially damaging cells. In fact it is dangerous to man and its environments. Radiation can cause damage to living tissues, cancer and skin burns when exposure to it, hence we should apply the principle of as low as reasonable achievable (ALARA) at all level [1], [2], [3]. The non-ionizing radiation does not carry enough energy to ionize atom or molecules hence are less effective but only have enough energy for excitation, the movement of an electron to a higher energy state.

The depletion of ozone layer has automatically increased the level of the cosmic rays reaching the earth surface and it is being increased by human activities [4], [5]. Research as showed that cosmic radiation (photon) and terrestrial radionuclides ( $^{40}\text{K}$ ,  $^{232}\text{Th}$ , and  $^{238}\text{U}$ ) produces background radiation [6], [1]. It was noted that the level of background radiation is fairly constant over the world, being  $0,008 \text{ mRhr}^{-1}$  to  $0,015 \text{ mRhr}^{-1}$  [5]. But other countries like India, China and Brazil have higher background ionizing radiation (BIR) and this is attributed to high concentration of radioactive minerals (Monozite) in the soil [1].

Adejogbagbe [3] carried a radiometric mapping of federal university Oye Ekiti main campus. The results revealed that the global average of radiation level measured in study area was  $0,55 \mu\text{Sv/hr}$  which translate to  $0,482 \text{ mSv/yr}$  for annual dose rate and it is below worldwide average of  $2,4 \text{ mSvyr}^{-1}$  [7] and the dose limit of  $1,0 \text{ mSv/yr}$  [8]. Nyango, [9] carried out a measurement on background radiation in University of Jos environment and reported a mean equivalent does of  $2,059 \text{ mSv/yr}$ . This value is within the limits level of background radiation. Akpolile and Akpolile, [10] carried out a study on the assessment of background gamma radiation in different farmland in Ethiope East Local Government Area (L.G.A) of Delta State, Nigeria. The average background radiation for the farmland in the study areas ranges from  $0,07 \mu\text{Sv/yr}$  to  $0,11 \mu\text{Sv/yr}$ . The outdoor/indoor effective doses obtained were  $177,66 \mu\text{Sv/yr}$  and  $710,63 \mu\text{Sv/yr}$  respectively. When compared with standards the values obtained were lower than standard.

The study areas constitute one of the major oil producing community in the Niger Delta region of Nigeria. And as such, oil and gas activities is been carried out on daily basis in the study areas. Several literatures has affirmed the effect of oil and gas activities as a major contributing factor of the increasing background ionizing radiation levels in our environment [11], [5], [12]. Therefore, it is of great importance, in carrying out an assessment of indoor and outdoor background ionizing radiation in the study area with the view of determining BIR level and to provide reference data for future studies. The results obtained will equally be used in determining the health implication of the public.

## **MATERIALS AND METHODS**

The background ionization radiation (BIR) of both indoor and outdoor of Delta State School of Marine Technology (Desomatec) Burutu, Delta State, Nigeria has been measured. The study area lies between

longitude 5° 4 and 6° 45 east of the Greenwich meridian and latitude 5° 21' and 6° 32' north of the equator. The temperature ranges between 21° and 28° with high humidity. The measurement was done using Digilert 100 radiation survey instrument and Global Positioning System (GPS). The Digilert 100 radiation survey instrument was well calibrated and tested by National Institute of Radiation Protection and Research, University Of Ibadan. The study was done within ten months. The radiation alert meter was suspended 1 meter above the ground level on a retort stand, for the measurement, reading were taken in three consecutive times in each point maximum response of the meter used for the measurement was ensure by taking the reading between the hours of 1300 and 1600 hours [13], [12]. The measurements were made in each location at least three transverses in each location. The mean and dose equivalent for indoor and outdoor for each location was then computed from the measured BIR values using the expression below in equation 1 [12].

$$1\text{mRh}^{-1} = \frac{0.96 \times 24 \times 365}{100} = \text{mSvyr}^{-1} \quad (1)$$

0,96 is the conversion factor, 24 is the number of hours in a day, and 365 is the number of days in a year. The calculation of radiation health parameter of the study area were computed in table 3 using the usual appropriate equation for the Gamma Dose Rate (DR), Annual Dose Equivalent (ADE) and Excess Lifetime Cancer Risk (ELCR).

The gamma dose rate is expressed by [14] as:

$$\text{DR}(\text{mRh}^{-1}) = 76.212\text{mGy}^{-1} \quad (2)$$

$$\text{Annual Dose Equivalent is AEDE (mSvy}^{-1}) = \frac{\text{DR (8760hr} \times 0.7 \times 0.80)}{365 \times 24\text{hr}} \quad (3)$$

Where DR is the dose rate obtained from the calculated mean value of BIR levels. For indoor (0.8) and outdoor (0.2).

Excess Lifetime Cancer Risks (ELCR) was expressed by [12] as:

$$\text{ELCR} = \text{ADE} \times \text{ADL} \times \text{CRF} \quad (4)$$

Where the AEDE is Annual Effective Dose Equivalent “ADL” average age duration of lifetime expectancy estimated to be 70 years [14], [15] to be (54,5 years) for Nigerian Lifetime expectancy. And CRF is the risk factor (Sv) i.e Fatal cancer per Sievert for stochastic effects, uses RF as 0,05 for the public.

## RESULTS

The results of the background ionizing radiation (BIR) level and its computed radiological parameters of School of Marine Technology, Burutu, Delta State, Nigeria are as presented in table 1 to 3. And the figures are presented in figure 1 to 4.

**Table 1: Measured Background Ionizing Radiation ( $\text{mRh}^{-1}$ )**

Location	Code	Coordinates	Indoor		Outdoor	
			Measured Values ( $\text{mRh}^{-1}$ )	Annual Dose Equivalent ( $\text{mSvy}^{-1}$ )	Measured Values ( $\text{mRh}^{-1}$ )	Annual Dose Equivalent ( $\text{mSvy}^{-1}$ )
X <sub>1</sub>	BC	E5 <sup>0</sup> 5, 6 <sup>0</sup> 45'	0.016	1.372	0.013	1.093
BRADUCE COMPLEX		N5 <sup>0</sup> 21', 6 <sup>0</sup> 31'	0.016	1.318	0.013	1.149
X <sub>2</sub>		0.017	1.460	0.017	1.480	
X <sub>3</sub>						
X <sub>4</sub>	DC	E5 <sup>0</sup> 6, 6 <sup>0</sup> 43'	0.019	1.592	0.013	1.093
DIO'S COMPLEX		N5 <sup>0</sup> 21',	0.017	1.429	0.011	0.925
X <sub>5</sub>		6 <sup>0</sup> 34'	0.019	1.598	0.017	1.429
X <sub>6</sub>						
X <sub>7</sub>	LB	E5 <sup>0</sup> 6, 6 <sup>0</sup> 48'	0.019	1.598	0.010	0.869
LIBRARY		N5 <sup>0</sup> 22, 6 <sup>0</sup> 33'	0.012	0.037	0.011	0.925
X <sub>8</sub>		0.013	1.065	0.010	0.869	
X <sub>9</sub>						
X <sub>10</sub>	SQ	E5 <sup>0</sup> 6, 6 <sup>0</sup> 42'	0.016	1.374	0.013	1.121
STAFF QUARTERS		N5 <sup>0</sup> 23, 6 <sup>0</sup> 22'	0.016	1.318	0.012	1.009
X <sub>11</sub>		0.017	1.402	0.014	1.177	
X <sub>12</sub>						
X <sub>13</sub>	HT	E5 <sup>0</sup> 6, 6 <sup>0</sup> 23'	0.012	1.037	0.015	1.289
HOSTELS		N5 <sup>0</sup> 34, 6 <sup>0</sup> 18'	0.016	1.374	0.014	1.205
X <sub>14</sub>		0.013	1.065	0.017	1.402	
X <sub>15</sub>						
X <sub>16</sub>	SC	E5 <sup>0</sup> 6, 6 <sup>0</sup> 23'	0.016	1.318	0.018	1.486
SCHOOL CLINIC		N5 <sup>0</sup> 36',	0.016	1.318	0.015	1.289
X <sub>17</sub>		6 <sup>0</sup> 30'	0.014	1.177	0.016	1.318
X <sub>18</sub>						
			0.016	1.318	0.013	1.121

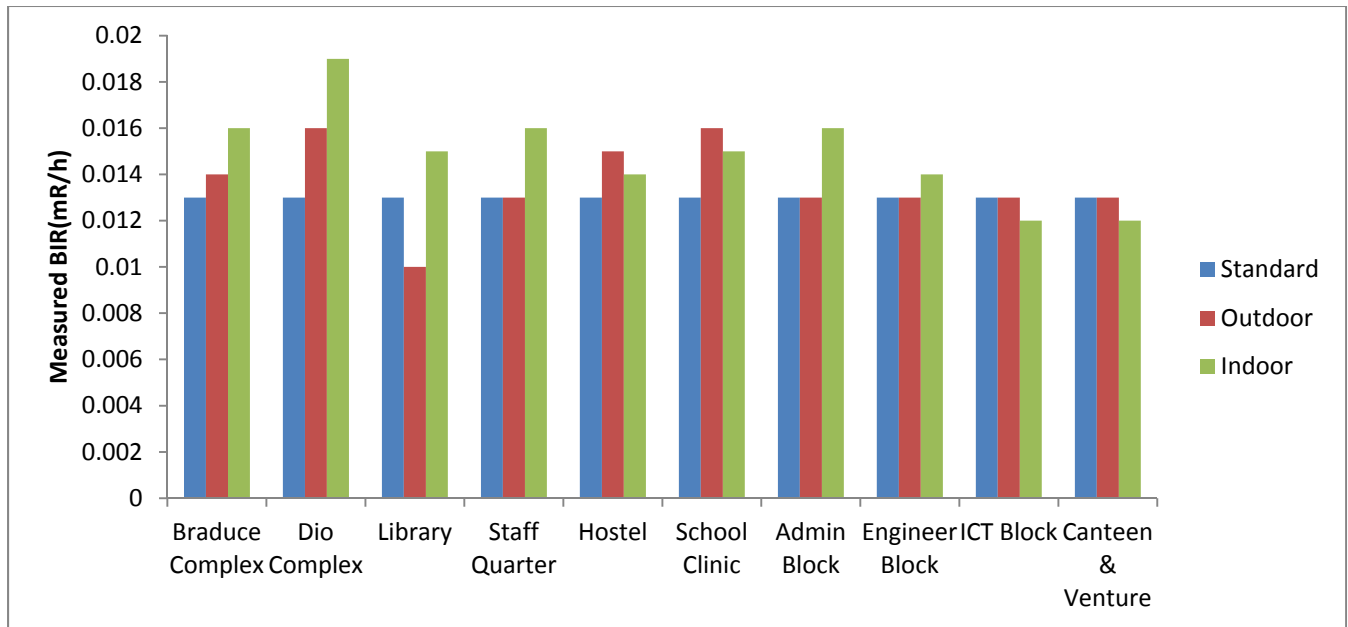
X <sub>19</sub>	AB	E5 <sup>0</sup> 6, 6 <sup>0</sup> 28'	0.015	1.233	0.014	1.177
ADMIN BLOCK		N5 <sup>0</sup> 31',	0.016	1.318	0.013	1.121
X <sub>20</sub>		6 <sup>0</sup> 32'				
X <sub>21</sub>			0.013	1.065	0.013	1.121
X <sub>22</sub>	EB	E5 <sup>0</sup> 6, 6 <sup>0</sup> 28'	0.013	1.065	0.013	1.121
ENGINEER BLOCK		N5 <sup>0</sup> 33',	0.017	1.402	0.013	1.121
X <sub>23</sub>		6 <sup>0</sup> 33'				
X <sub>24</sub>			0.015	1.233	0.011	0.925
X <sub>25</sub>	IB	E5 <sup>0</sup> 6, 6 <sup>0</sup> 21'	0.017	1.402	0.020	1.682
ICT BLOCK		N5 <sup>0</sup> 23, 6 <sup>0</sup> 24'	0.016	1.318	0.017	1.402
X <sub>26</sub>						
X <sub>27</sub>			0.009	0.070	0.011	0.925
X <sub>28</sub>	CV	E5 <sup>0</sup> 6, 6 <sup>0</sup> 27'	0.013	1.065	0.016	1.318
CANTEEN & VENTURE		N5 <sup>0</sup> 28, 6 <sup>0</sup> 30'	0.015	1.233	0.011	0.925
X <sub>29</sub>						
X <sub>30</sub>						

**Table 2: Mean Values for Measurement BIR (mRh<sup>-1</sup>) and Dose Equivalent (mSvyr<sup>-1</sup>) for Indoor/Outdoor**

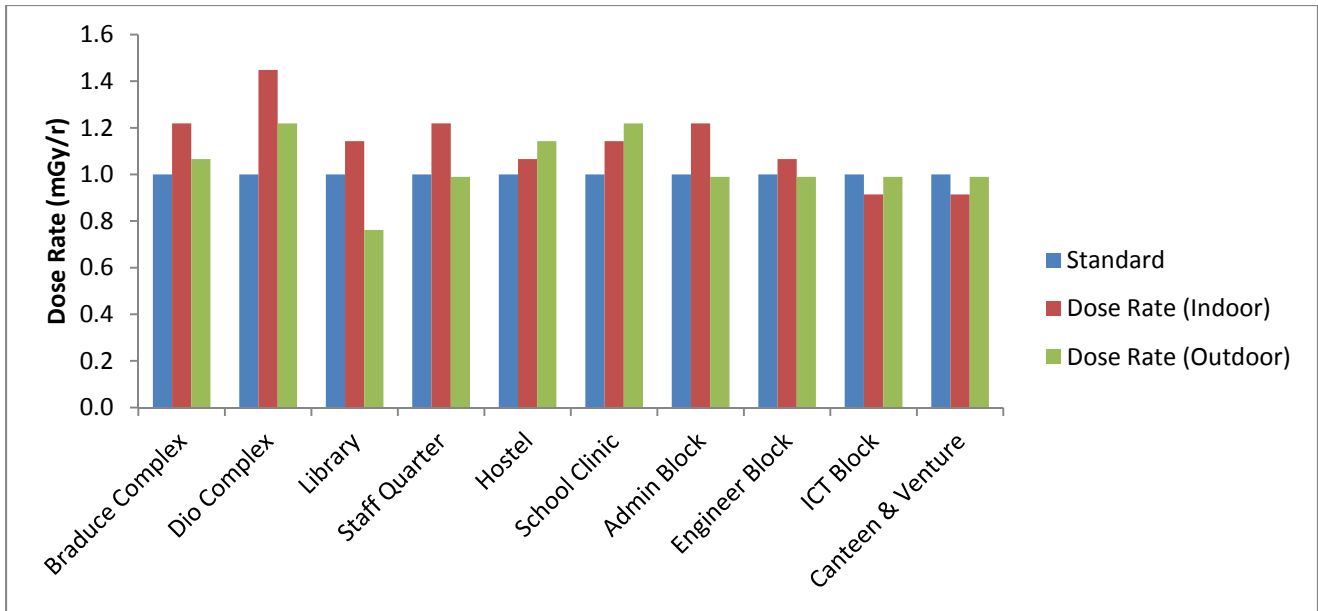
Location	Code	Indoor	Annual Dose Equivalent (mSvy <sup>-1</sup> )	Outdoor	Annual Dose Equivalent (mSvy <sup>-1</sup> )
		Mean Values (mRh <sup>-1</sup> )		Mean Value (mRh <sup>-1</sup> )	
BRADUCE COMPLEX	BC	0.016	1.384	0.014	1.243
DIO COMPLEX	DC	0.019	1.005	0.016	1.373
LIBRARY	LB	0.015	1.215	0.010	0.888
STAFF QUARTER	SQ	0.016	1.031	0.013	1.102
HOSTEL	HT	0.014	1.159	0.015	1.299
SCHOOL CLINIC	SC	0.015	1.271	0.016	1.346
ADMIN BLOCK	AB	0.016	0.894	0.013	1.193
ENGINEER BLOCK	EB	0.014	1.177	0.013	1.345
ICT BLOCK	IB	0.012	0.789	0.013	1.075
CANTEEN & VENTURE	CV	0.012	0.789	0.013	1.075
<b>Mean</b>		0.015	1.069	0.014	1.472

**Table 3: Calculated Radiation Health Parameter Associated with BIR Levels for Indoor/Outdoor in Desomatec**

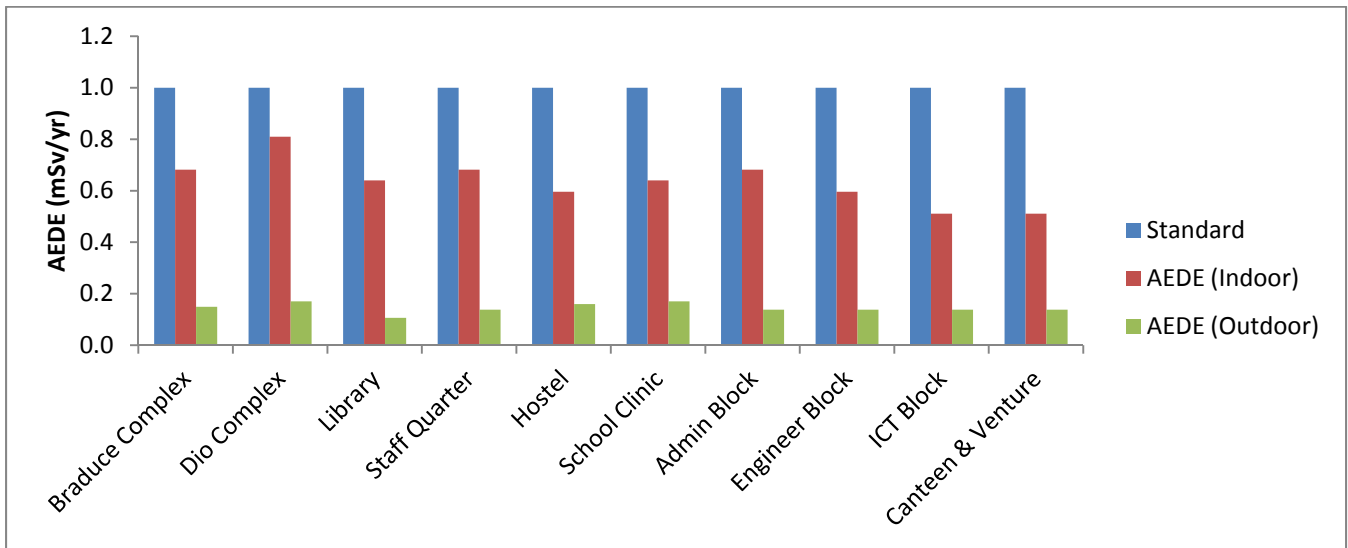
Dose Rate (mGyr <sup>-1</sup> )	Indoor		Dose Rate (mGyr <sup>-1</sup> )	Outdoor	
	AEDE (mSvyr <sup>-1</sup> )	ELCR (x10 <sup>-3</sup> )		AEDE (mSvyr <sup>-1</sup> )	ELCR (x10 <sup>-3</sup> )
1.219	0.682	1.848	1.066	0.149	0.406
1.448	0.810	2.207	1.219	0.170	0.463
1.143	0.640	1.744	0.762	0.106	0.289
1.219	0.682	1.858	0.990	0.138	0.376
1.066	0.596	1.624	1.143	0.160	0.436
1.143	0.640	1.744	1.219	0.170	0.463
1.219	0.682	1.858	0.990	0.138	0.376
1.066	0.596	1.624	0.990	0.138	0.376
0.914	0.511	1.392	0.990	0.138	0.376
0.914	0.511	1.392	0.990	0.138	0.376
<b>1.135</b>	<b>0.635</b>	<b>1.729</b>	<b>1.035</b>	<b>0.145</b>	<b>0.394</b>



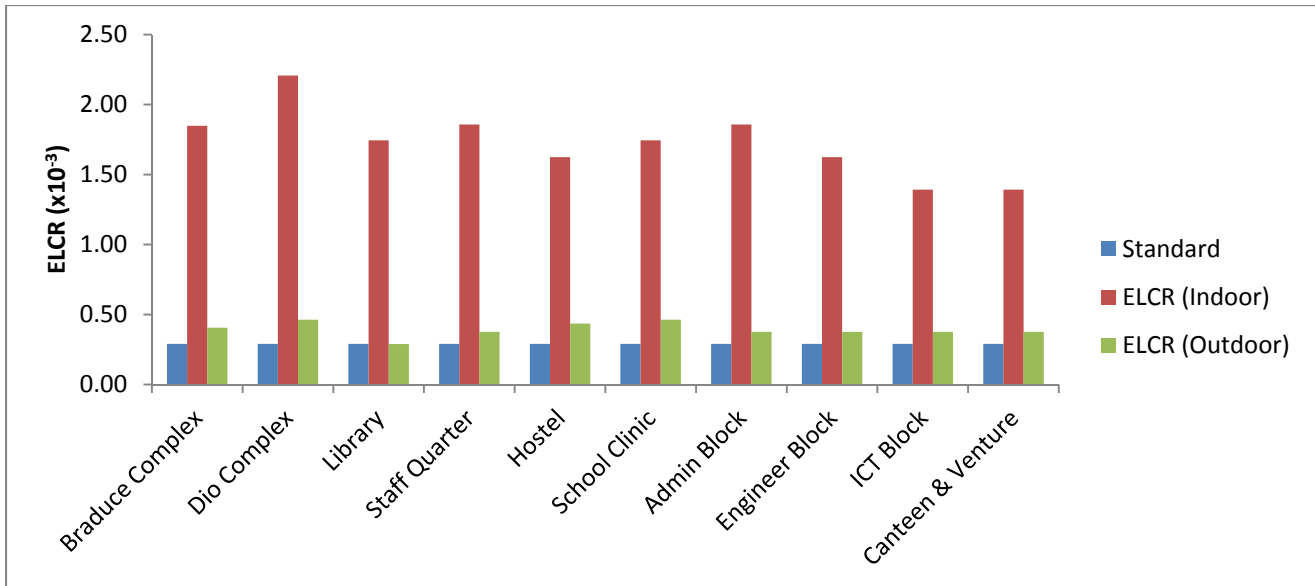
**Figure 1: Inter-Comparison of Indoor/Outdoor BIR with Standard**



**Figure 2: Inter-Comparison of Indoor/Outdoor Dose Rate with Standard**



**Figure 3: Inter-Comparison of Indoor/Outdoor AEDE with Standard**



**Figure 4: Inter-Comparison of Indoor/Outdoor ELCR with Standard**

## DISCUSSION

Assessment of indoor and outdoor background ionizing radiation (BIR) level in School of Marine Technology, Burutu, Delta State, Nigeria has been carried out as shown in table 1 and 2. The results for indoor BIR ranged from 0.009 to 0.019 mRhr<sup>-1</sup> with a mean value of 0.015mRhr<sup>-1</sup>, the minimum and maximum values been observed at Canteen/Venture, Dio Complex and Library as the highest values. And the dose equivalent for the indoor reading ranges from 0,037 mSvy<sup>-1</sup> to 1,598 mSvy<sup>-1</sup> with a mean value of 1,069 mSvy<sup>-1</sup>. The maximum and minimum been recorded for Dio Complex, Library and Canteen/Venture respectively.

The results for outdoor BIR range from 0,010 mRhr<sup>-1</sup> to 0,020 mRhr<sup>-1</sup> with a mean value of 0,014 mRhr<sup>-1</sup>; the minimum and maximum values are observed at Library and Admin Block respectively. The Annual Dose Equivalent (ADE) for outdoor ranged from 0,869 mSvy<sup>-1</sup> to 1,682 mSvy<sup>-1</sup> with a mean value of 1,472 mSvy<sup>-1</sup>, the minimum and maximum are equally recorded for Library, and ICT Block respectively.

Comparing the obtained mean results for both indoor and outdoor, the indoor values is higher than the outdoor and may be attributed to the kind of constriction materials like soil and brick used for the buildings. Also comparing with other studies carried out in Nigeria they are in tandem and well compared. The obtained mean values for indoor and outdoor BIR are above worldwide stipulation value of 0,013 mRhr<sup>-1</sup> [8]. This is graphically displayed in figure 1, in an undulating pattern of distribution of these measured BIR values and with standard [16], [17], [12], has presented this radiation distribution pattern in different literature. However, some areas observed low BIR such as Library, Hostel, and Canteen/Venture respectively.

The mean values for radiation health parameter of the population are computed for indoor and outdoor BIR. The mean values for the dose rate and Excess Lifetime cancer risk for indoor and outdoor are



higher than their respective global stipulation of  $1,0 \text{ mGy}^{-1}$  and  $0,29 \times 10^{-3}$  respectively. And for Annual Effective Dose Equivalent (AEDE) for both indoor and outdoor are lower than the world average of  $1,0 \text{ mSvy}^{-1}$  [18], [19]. This is depicted in table 3 and figure 2 to 4 respectively. Comparing the indoor and outdoor results obtained with previous works in [3], [9], it was observed that the obtained results and its computed radiological parameter values are slightly higher than previous research works done in different location in Nigeria. This can be attributed the oil and gas activities that is going on in the study area. The implication of these results obtained simply means that the study area is radiologically unhealthy for the public. Although effects may not be significant now, but long term exposure may be hazardous to the populace.

## CONCLUSION

Conclusively, the obtained mean indoor and outdoor BIR and some radiological parameters values such as dose rate and excess Lifetime Cancer risk are higher than world average limits. But AEDE for both indoor and outdoor are lower than world average of  $1,0 \text{ mSvy}^{-1}$ . The implication is that the environment under study have been polluted with oil and gas activities and the resultant effects is the increase of the BIR level in the areas, which have aftermath effects on the public. The effects may not be immediate but long term exposure may be harmful. Therefore, it is important for radiation protection agencies to swing into regulatory action and promptly monitored the environment to avoid pollution.

Ethical declaration and consent are not applicable

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